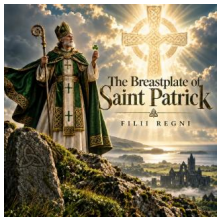

The Breastplate of Saint Patrick

Filii Regni · Regnum Aeternum Studios

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Verse 1
I arise today
Through a mighty strength
The invocation of the Trinity
Through belief in the Threeness

Through confession of the Oneness
Of the Creator of creation

Verse 2
I arise today
Through the strength of Christ's birth
With His baptism
Through the strength of His crucifixion

With His burial
Through the strength of His resurrection
With His ascension
Through the strength of His coming

At the Day of Judgment

Verse 3
I arise today
Through the strength of the orders of Cherubim
In the obedience of angels
In the service of archangels

In the hope of resurrection
In the prayers of patriarchs
In the predictions of prophets
In the preaching of apostles

In the faith of confessors
In the innocence of holy virgins
In the deeds of righteous men

Verse 4
I arise today
Through the strength of heaven
The light of the sun
The radiance of the moon

The splendor of fire
The speed of lightning
The swiftness of wind
The depth of the sea

The stability of the earth
The firmness of rock

Verse 5
I arise today
Through God's strength to pilot me
God's might to uphold me
God's wisdom

To guide me

Verse 7
I summon today all these powers
Between me and those evils

Verse 8
Against every cruel and merciless power
That may oppose my body and soul
Against incantations of false prophets
Against black laws of pagandom

Against false laws of heretics
Against the craft of idolatry
Against the spells of sorcerers
Against every knowledge

That corrupts man's body and soul

Verse 9
Christ protect me today
Against poison, against burning
Against drowning, against wounding
So that there may come to me

An abundance of reward

Verse 10
Christ with me
Christ before me
Christ behind me
Christ in me

Christ beneath me
Christ above me
Christ on my right
Christ on my left

Christ in breadth
Christ in length
Christ in height
Christ in the heart

Of every man who thinks of me
Christ in every eye that sees me
Christ in every ear that hears me

Verse 11
I arise today
Through a mighty strength
The invocation of the Trinity
Through belief in the Threeness

Through confession of the Oneness
Of the Creator of creation

Outro
Salvation is of the Lord
Salvation is of Christ
May Thy salvation, O Lord

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God's eye
To look before me
God's ear to hear me

God's word
To speak for me
God's hand to guard me
God's way to lie before me

God's shield
To protect me
God's host to save me

Verse 6

From snares of devils
From temptations of vices
From inclinations of nature
From everyone who shall wish me ill

Afar and near
Alone and in a multitude

Be ever with us

Amen

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